MAY 2023 CALENDAR OF EVENTS

CHILDREN'S MENTAL HEALTH ACCEPTANCE MONTH

#CMHA23

SUNDAY 30	MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05	SATURDAY 06
Week 1 Social Media Challenge Begins! Proclamations & Press Releases	BONUS Challenge Begins! (see locations above) May is Mental Health Month Kick-Off Event Day at the Capitol! 9:00 AM - 2:00 PM Resource Fair 3:30 PM- 5:30 PM Sign Waving		10:00 AM - 1:00 PM Mental Health Fair at the Windward Community College (WCC)	11:00 AM - 2:00 PM (*) Mental Health Awareness and Awards Celebration (led by the Mental Health of America - Hawaiʻi)		Week 1 Social Media Challenge Winners!
SUNDAY 0	MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
Week 2 Social Media Challenge Begins! BONUS Challenge Continues! (see locations above)	Addition: Lihue Civic Center Lights Up Green (this week only)	TBA Sign Waving at the Hawaiʻi State Capitol (led by the U.H. & Help Your Keiki)		8:00 AM - 9:00 AM Sign Waving at the corner of Maui Lani Parkway and Queen Ka'ahumanu Avenue, across from Baldwin High School (led by the Maui FGC) 10:00 AM - 12:00 PM Sign Waving at 601		Week 2 Social Media Challenge Winners!
SUNDAY 14	MONDAY 15	TUESDAY 16	WEDNESDAY 17	Kamokila Blvd, Kapolei (led by the Leeward Oʻahu FGC)	THURSDAY 18 & FRIDAY 19	SATURDAY 20
Week 3 Social Media Challenge Begins! BONUS Challenge Continues! (see locations above)	Addition: IBM Building Lights Up Green (this week only)		3:00 PM (*) Keiki Self-Care at the Wailuku Library registration link coming soon (led by the Mental Health of America - Hawai'i	TBA Sign Waving at the Hawai'i State Capitol (led by the CAMHD) TBA Sign Waving in Ewa (led by the Child & Family Service)		Week 3 Social Media Challenge Winners! 10:00 AM - 2:00 PM Malama Da Mind at the Prince Kuhio Plaza (Hawai'i Island)
SUNDAY 2	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27
Week 4 Social Media Challenge Begins! BONUS Challenge Continues! (see locations above)	Addition: Nalu Lani Plaza Lights Up Green (this week only)					Week 4 Social Media Challenge Winners!
SUNDAY 28	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 01	FRIDAY 02	SATURDAY 03
BONUS Challenge Continues! (see locations above)			Week 5 Social Media BONUS Challenge Winners!			